**Hypertension COVID-19 Check-In**

Hi, this is \_\_\_\_\_\_\_ calling from \_\_\_\_\_\_\_\_\_. This is a courtesy call. It appears you were involved in our hypertension programming, and as you know, we are still on a pause due to COVID-19. I am calling to let you know that when we resume groups, we will be sure to let you know. I would like to ask you a few questions to see how you are doing, if you have a few minutes?

How have you been managing with the changes that have occurred in terms of social distancing and possibly some disruptions in your normal routines?

**Goals**

1. Do you have a current goal?
	* If yes, how are you doing in reaching that goal? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	* If no, would you like to make a new goal?

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* Support system? How are you staying motivated? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Blood Pressure**

1. Have you been taking your blood pressure? What is your most recent blood pressure?

Date: \_\_\_\_\_\_\_\_\_\_\_\_

* + SBP \_\_\_\_\_\_\_\_\_\_\_
	+ DBP\_\_\_\_\_\_\_\_\_\_\_

**Case Management**

1. Do you have access to your medications? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Do you have access to enough food? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Have you experienced any COVID-19 symptoms? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. How can LCHC further support you? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Additional comments/concerns/questions:**

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